

Safeguarding Bulletin #3 – April 2023

Support for pupils. Our pastoral care and wellbeing policy explains:

*A positive environment is also key in creating a climate of trust and support. We recognise that trust is earned through good communication, connections and positive relationships between staff, pupils and parents. **The pupil-teacher relationship is key to enabling all pupils to feel valued and cared for so that they can reach out for support and know they are believed in.***

The following is in place to help safeguard pupils. This may also be useful in knowing where you can signpost pupils to for more support:

| Junior School | Senior School |
|---|--|
| <ul style="list-style-type: none">• Pupils have a yearly NSPCC assembly and are encouraged to 'speak out, stay safe'• Junior School wellbeing website - https://www.ghs-junior-wellbeing.co.uk/• Worry / things I'd like my teacher to know boxes in form rooms• Beehive Club – triage space before counsellor | <ul style="list-style-type: none">• Safeguarding assemblies in every year group at the start of each academic year. This explains how every member of the school community has a role in looking out for each other and pupils are told how to share a concern, seek support or pass on information.• The speak out app on the intranet, which allows them to report a concern (and has the option of being anonymous).• Aspiring Girls website – need additional support - https://www.ghs-aspiring-girls.co.uk/need-support• A 'report abuse' button on the AG website that is a direct link to CEOP (child exploitation and online protection) - |
| Whole School | |
| <ul style="list-style-type: none">• Lessons on how to keep safe and well are taught through the Beehive and ASPIRE curriculums as well as our digital safety programme. This includes understanding what is not normal, what red flags in relationships are and identifying and recognising concerning behaviour. Awareness is also encouraged through theme days / weeks, and other curriculum lessons where relevant.• Respective Junior and Senior school 'Who should I talk to' posters displayed in form rooms across whole school.• School counsellors – Diana and Katie. Senior pupils can email directly. SS HoYs or JS HoKS / SLT may refer a pupil.• Learning Journals – can help to identify changes in happiness / behaviour and provide an opportunity for pupils to share their feelings• Annual UL Pupil surveys | |



Who should I talk to?

Any trusted adult at home or at school.



If you are worried, then talking always helps. Speaking to a trusted adult will help you feel better and they will be able to support you. These are some of the people who are here for you:

WORRIES ABOUT WORK

- Your teacher
- Your family
- Mrs Stamp (Pre-prep)
- Mrs Mager (KS2)
- Mr Williamson, Mrs Hughes, or Mrs Whybro

WORRIES ABOUT HEALTH

- Your family
- The School Nurses or Doctor
- Miss Ansell or Mrs Burling-Smith

WORRIES ABOUT FRIENDSHIPS

- Your teacher
- Your shadow or buddy
- Mr Williamson, Mrs Hughes, or Mrs Whybro

WORRIES ABOUT HOME

- Your teacher
- Your family
- Mr Williamson, Mrs Hughes, or Mrs Whybro
- Childline 0800 1111

WHO SHOULD I TALK TO?

ANYONE ~ Ideally, a **TRUSTED** adult.

Sometimes things happen... it helps to talk.

We may find ourselves worrying about...

WORK

Friends

HEALTH

Home

Here are ideas of people you could talk to:

- Parents
- Form Teacher
- Head of Year
- The School Nurse
- Dr Clayton, our school doctor
- Katie Alexander or Diana Greig, our school counsellors
- Any teacher or adult at school

- Telephone Childline 08001111
- Text "Shout" 85258
- SPEAK OUT App on School Intranet.
You can use this anonymously to report anything.

The Aspiring Girls website has a list of helplines able to offer support for a range of circumstances. **Go to mental health & wellbeing - additional support.**

Mrs Boulton, Mrs Laurie, Miss Sloan, Mrs Whybro / Mr Williamson, Mrs Hughes and Miss Lovegrove (in the Junior School) are the Designated Safeguarding Leads in school and will be able to support and advise you.